

ADVANCING TOWARDS PLANETARY REGENERATION

ABRASA



Our projects focus on taking care of the planet and its people by creating environmental abundance. We strive for sustainable and inspiring solutions through education and transformation. We are a group of souls who walk in tune with "The Dance of Evolutionary Existence" towards the fulfillment of the Divine Plan, the Liberation of our Soul and the Earth.

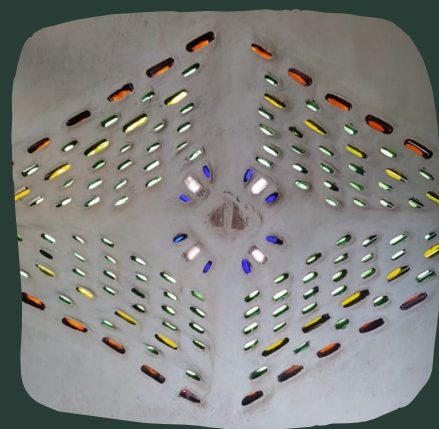
We take ancestral and avant-garde knowledge and adapt it to our current times and environment, aiming not only towards sustainability, but also towards the Sovereignty of the Soul.

We share tools, methods and knowledge from experienced guides and professionals. We offer workshops, ceremonies, talks, and services in the fields of planetary regeneration, energy descent, evolutionary nutrition, regenerative agriculture, regeneration of the Being, sustainability, ancestry and Permaculture design.

OUR MISSION IS TO MAKE AN EASY TRANSITION INTO A MORE AUTHENTIC, COLLABORATIVE, FREE AND SOVEREIGN LIFE TOGETHER.



On this special occasion we invite you for a workshop of Bahareque technique. We will be building a stained glass wall with recycled and natural materials. The workshop is 10% theory and 90% practice, we will be learning by doing. It includes: introduction to Bioconstruction, materials, different techniques and budgeting.



Bonus activity: Building a campfire to share food and enjoy together. Let's chat about Permaculture.



Schedule

1ST DAY

9:00 Introduction, group bonding activity, greeting to the 7 directions, altar.

9:20 Introduction to Bioconstruction Materials, Bioclimatic, Impact, Scope

9:40 Presentation of various techniques and materials, examples from different parts of the world.

10:00 Introduction to the technique of Bahareque and Stained Glass with recycled bottles.

Materials, preparation, results.

10:20 Soil test: texture determination, Bouyoucos test

10:50 Coffee Break

11:00 Examination of the mix

11:11 Get to work:

Structure design: pine strips and pieces of wood.

Stained Glass Assembly

Preparation of materials for mixture

2:00 Lunch

2:40 Break

3:00 Making the mixture and applying clay with Bahareque technique.

5:00 Coffee Break

5:15 Mud Application with Bahareque Technique

6:00 End of the activity, cleaning tools.

Break

6:30 Campfire (optional) and collective preparation of dinner

7:00 Dinner

2ND DAY

9:00 Reception - group activity.

9:15 Calculating the costs in Bioconstruction

8:30 Get to work. Bahareque Technique

10:30 Coffee Break

10:45 Q&A

11:00 Application of Clay with Bahareque Technique

2:00 Lunch

2:40 Break

3:00 Finishing touches

4:30 Conclusion

Jose Gabriel Duque

Academically trained in Communication Sciences and Techniques and Engineering in Interactive Technology and Digital Animation, he has traveled countries on different continents observing and working on sustainable projects in nature. Certified as a Permaculture Designer, collaborating in the creation of geodesic domes, orchards, agroforestry systems and various ecotechnologies. Currently the organizer and co-creator of the Tour Quetzalcoatl project.



Maria Fernanda André

Consistent with the values and goals of social and ecological regeneration. Certified as a Designer in Applied Permaculture by the Naluum Institute, Argentina, PDC's permaculture courses and workshops. Focused on facilitating the design and development of sustainable spaces, responsible consumption and evolutionary nutrition. Promoter and Ecosocial Activist for the Common Good who seeks to motivate changes consistent with raising awareness and caring for the earth and its inhabitants. His proposal is to empower, through permaculture, various social sectors to build a world where good living is a main axis of citizen action. Co-founder of ABRASA.

Share:

We look forward to receiving you. Bring comfortable clothes, a bottle of water and joy.

Course dates: February 1st and 2nd

Hours: First day: 9 am. to 8:30 pm. | Second day 9 am. to 5 pm.

Place: Condor House (Tenencia Morelos)

You are welcome to camp at the place where the workshop takes place. Info +524431899523

Cost: 100 usd (if you are from Morelia ask for a discount)

EMBRACE THE EVOLUTION AND BE PART OF THE PLANETARY REGENERATION



abrasa

www.abrasa.mx