



## Welcome to Morelia!

Thanks for joining us for The People's Reset in Morelia! We want to provide you some starting points for finding food, businesses, and local markets that focus on organic, local and nutrition! Please be respectful and supportive to all these businesses, as many of them have become personal friends.

Main landmarks to orient yourself by would be Centro (Centro Historico), The Aqueducts (Avenida Acueducto ). Some main roads are Av Lazaro Cardenas, Boulevard Garcia De Leon, The River (Avenida Solidaridad), The main highway around Morelia (Periferico Paseo de la Republica).

## Health Food Stores

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**Fresco Origen** - 404 Gob. Gral. Mariano Jiménez, Nueva Chapultepec

**Naturavis** - Calle Lic. Pudenciano Dorantes 61, Nueva Chapultepec

## Organic Markets (smaller markets with local, organic produce)

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**Cherry Fruteria** - Paraguay 130, 58295 Morelia

**Mercado Organico Paseo Altozano** - (Feb. 1st) Montaña Monarca Norte # 1000 (in the mall)

**La Ruta Natural** - (Feb 8th) Francisco González de León #78, Sta. María de Guido

**Organic Fruit** (available for pickup or delivery) - Claudia +52 443 392 0446 (WhatsApp)

## Conscious Cosmetics and Hygiene Products

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**Lavender Bio Cosmetics** - Blvd. García de León 1785-C, Chapultepec Oriente

## Gym

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**Lalo's Gym** - \$80MX/day, \$200/week, \$300/2weeks, \$400/mo - Blvd. García de León 1070, Nueva Chapultepec

## Restaurants

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**Fresco Origen** - 404 Gob. Gral. Mariano Jiménez, Nueva Chapultepec

**LOFT** - Acueducto 544, Chapultepec Nte., 58260 Morelia

**Cocoterra** - fresh coconut milk/water/snacks - Blvd. García de León 1360aa, Nueva Chapultepec

**La Guarecita** - Delicious Cafe and Cacao. Great place to gather. They will create personalized blends of coffee from all around Mexico - García Obeso 185, Centro

**Origo** - Blvd. García de León 936, Nueva Chapultepec, 58280

**Turkkebab** - Blvd. Agustín Arriaga Rivera 967, Nueva Chapultepec

**Tata Mezcalería + Cocina** - (vegan options) - Calle Bartolome de Las Casas # 511, Col. Centro

**Taqueria El Churro** (vegetarian/vegan taco options) - Av Lázaro Cárdenas 2279

**Namaste India** (vegan options) C. Abasolo 580, Centro histórico

**Localito** - (vegan options) - Blvd García de León 1360 (Plaza Modelo)

**Sweet and Fit** - (Vegan/omnivore, amazing acai bowls) Artilleros de 1847 1475, Chapultepec Sur,

**Daily Pick** - (vegan/non-vegan options) - Altozano, Av Montaña Monarca norte #1000- Local PB11

## Vegan Restaurants

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**Vgan111** - (also a health foods store) Av. Morelos Sur 1955-3, Félix Ireta

**Tierra Mona** - Plaza Rebullones Av.Acueducto #60 Centro Morelia (Tuesday - Saturday, 12p-5 pm)

## Local Markets (big markets with produce, food, electronics, and more)

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Mercado Independencia - South of Centro - Av Lázaro Cárdenas 526, Ventura Puente

Mercado Revolucion - North of Centro - Revolución, Centro histórico de Morelia